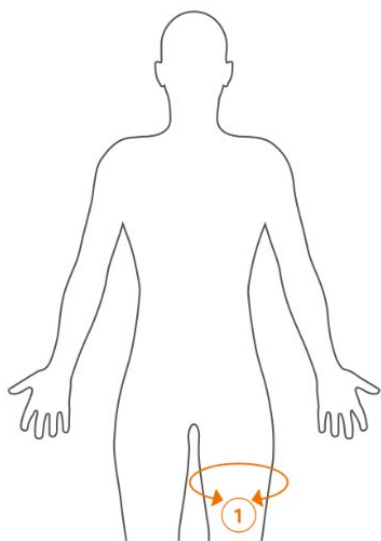




Size	Body Height	Thigh Circumference - Slim	Thigh Circumference - Wide
S	up to 170 cm	up to 54cm	from 54 cm
M	170 cm - 183 cm	up to 58 cm	from 58 cm
L	from 183 cm	up to 60 cm	from 60 cm



1 maximum thigh circumference

To measure the maximum thigh circumference, stand upright with your feet together. Locate the thickest part of your thigh, usually halfway between your hip and knee. Wrap a flexible measuring tape around your thigh so it's parallel to the floor, ensuring it's snug but not cutting into the skin. Read the measurement and note it down.

Clipless pedal

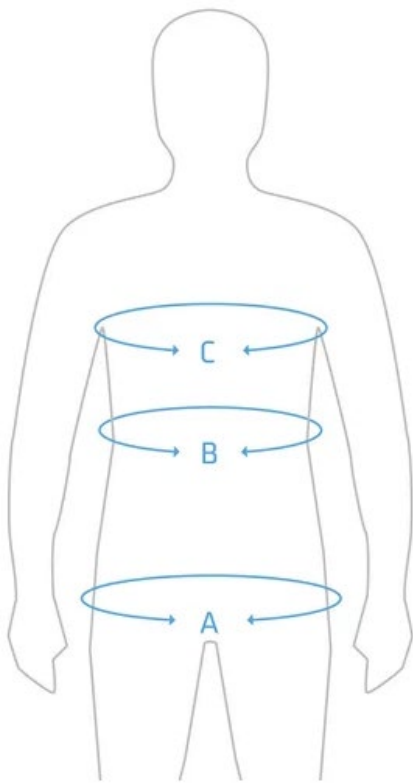
Size	Standard foot position	V-shaped foot position	
36 —	S	M	
37 —			
38 —			
39 —	M	L	
40 —			
41 —			
42 —	L	XL	
43 —			
44 —			
45 —	XL		
46 —			
47 —			
48 —			

Unisex gloves

Size	Grip Width	Hand Width (Slim)	Hand Width (Wide)
XS	bis/up to 12,2 cm	bis/up to 7,5 cm	ab/at 7,5 cm
S	12,2 - 12,8 cm	bis/up to 7,9 cm	ab/at 7,9 cm
M	12,8 - 13,4 cm	bis/up to 8,4 cm	ab/at 8,4 cm
L	13,4 - 14,0 cm	bis/up to 9,0 cm	ab/at 9,0 cm
XL	14,0 cm +	bis/up to 9,6 cm	ab/at 9,6 cm

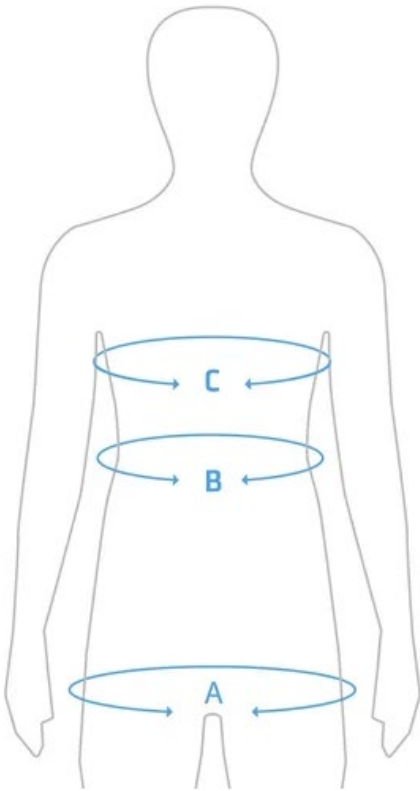
Man clothes

Body Height (cm)	Size	Hip (cm)	Waist (cm)	Chest (cm)
165-171	XS	85-90	72-77	86-91
172-176	S	91-95	78-82	92-96
177-181	M	96-100	83-87	97-101
182-186	L	101-106	88-93	102-107
186-191	XL	107-112	94-99	108-113
192-196	XXL	113-118	100-105	114-119
194-198	3XL	119-124	106-111	120-125
194-198	4XL	125-130	112-117	126-131



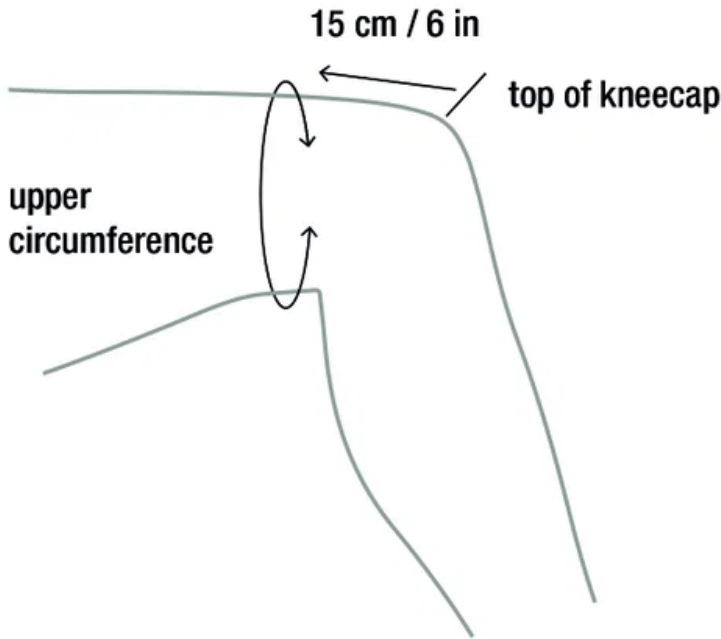
Woman clothes

Body Height (cm)	Size	Hip (cm)	Waist (cm)	Chest (cm)
154-160	XS	84-89	61-67	76-81
161-165	S	90-95	68-73	82-87
166-170	M	96-100	74-78	88-92
171-175	L	101-106	78-84	93-98
176-180	XL	107-112	85-90	99-104
181-185	XXL	113-118	91-96	105-110



Knee Pads K-Pact SQ unisex

Size	Body height in cm (cm)	15 cm / 4 in above knee (cm)
S Short	100-165	41-46
S Tall	166-230	41-46
M Short	100-175	46-51
M Tall	176-230	46-51
L Short	100-180	51-56
L Tall	181-230	51-56
XL Short	100-185	56-61
XL Tall	186-230	56-61
Note: If you are between two sizes, we recommend choosing the larger size.		



K-PACT SQ/ K-PACT ZIP SQ/ ARCON LITE KNEE SQ