



HELMET SIZING GUIDE



SIZE	XS	S	M	L	XL	XXL
CENTIMETERS	54	56	57	58	60	62

Step 1: To measure your head size, start with a measuring tape.

Step 2: Use the centimeter side of the tape and position it one inch above your eyebrows.

Step 3: Measure the circumference of your head, noting the measurement in centimeters.

Step 4: Refer to a size chart to determine your size category.

Step 5: This method will help you accurately determine your head size and choose the perfect helmet.

NOTE

- The helmet should fit in and should not move when you shake your head.
- With a loose-fitted helmet, you run the risk of it coming off upon impact.