



WOMEN

LIV CYCLING APPAREL SIZE CHART

	Chest	Waist	Hip
XS	76-81 cm 30-32 in	58-64 cm 23-25 in	84-89 cm 33-35 in
S	81-86 cm 32-34 in	64-69 cm 25-27 in	89-94 cm 35-37 in
M	86-91 cm 34-36 in	69-74 cm 27-29 in	94-99 cm 37-39 in
L	91-99 cm 36-39 in	74-81 cm 29-32 in	99-107 cm 39-42 in
XL	99-107 cm 39-42 in	81-89 cm 32-35 in	107-114 cm 42-45 in
2XL	107-114 cm 42-45 in	89-97 cm 35-38 in	114-122 cm 45-48 in
3XL	114-122 cm 45-48 in	97-104 cm 38-41 in	122-130 cm 48-51 in



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LIV SHOE SIZING GUIDE

EU	US	UK	CM
36	6	4	23
37	7	5	23.8
38	7.5	5.5	24.5
39	8.5	6.5	25
40	9	7	25.8
41	10	8	26.5
42	10.5	8.5	27
43	11.5	9.5	27.8



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ADULT HELMET SIZING

Fit	Size	Circumference
Western	Small	51-55cm
Western	Medium	55-59cm
Western	Large	59-63cm
Asian	Small	51-57cm
Asian	Medium	55-61cm
Asian	Large	59-65cm

TODDLER HELMET

Fit	Size	Circumference	Age
Univeral	Toddler Universal	46-51cm	Under 5



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YOUTH HELMET

Fit	Size	Circumference
Western	OSFM	49-57cm
Asian	OSFM	51-59cm

CHILD HELMET

Fit	Size	Circumference	Age
Universal	Child Universal	50-55cm	4-10



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