



Patellar knee sleeve

A detailed illustration of a human knee, slightly bent. Two red arrows point to the center of the knee joint, indicating the correct location for taking a circumference measurement. The sleeve is shown as a dark band around the knee.



FIND *THE SIZE* THAT SUITS YOU

Measurement: Circumference of the slightly bent knee, right at the center of the knee

Sizes	
S	32 - 36 cm
M	37 - 40 cm
L	41 - 44 cm
XL	45 - 48 cm



- If you are between two sizes, choose the larger size.
- To be effective, the knee brace must fit snugly against the skin.
- The knee brace fits both knees.



Knee Guard





FIND **THE SIZE** THAT SUITS YOU

Measurement: Circumference of the slightly bent knee, right at the center of the knee

Sizes	
S	32 - 36 cm
M	37 - 40 cm
L	41 - 44 cm
XL	45 - 48 cm



- If you are between two sizes, choose the larger size.
- To be effective, the knee brace must fit snugly against the skin.
- The knee brace fits both knees.



Reinforced knee sleeve



The diagram shows a person's right knee. A dashed line with arrows at both ends indicates a measurement of 15cm on the thigh, taken 15cm above the kneecap. The background is dark blue with white and red text.

THUASNE

FIND THE SIZE THAT SUITS YOU

**Measurement: Thigh circumference,
15 cm above the kneecap**

Sizes	
S	43 - 46 cm
M	46 - 49 cm
L	49 - 52 cm
XL	52 - 55 cm

!

- If you are between two sizes, choose the larger size.
- To be effective, the knee brace must fit snugly against the skin.
- The knee brace fits both knees.



Knee sleeve





FIND THE SIZE THAT SUITS YOU

Measurement: Circumference of the slightly bent knee, right at the center of the knee

Sizes	
S	32 - 34 cm
M	35 - 37 cm
L	38 - 41 cm
XL	42 - 45 cm
XXL	46 - 49 cm



- If you are between two sizes, choose the larger size.
- To be effective, the knee brace must fit snugly against the skin.
- The knee brace fits both knees.



Strapping knee sleeve

A detailed illustration of a human knee joint. Two red dashed lines with arrows at the ends indicate the measurement points: one line goes around the front of the knee, and the other goes around the back, both at the center of the joint.



FIND *THE SIZE* THAT SUITS YOU

Measurement: Circumference of the slightly bent knee, right at the center of the knee

Sizes	
S	32 - 36 cm
M	37 - 40 cm
L	41 - 44 cm
XL	45 - 48 cm



- If you are between two sizes, choose the larger size.
- To be effective, the knee brace must fit snugly against the skin.
- The knee brace fits both knees.



Knee guard novelastic

A photograph of a person's knee in a slightly bent position. A red dashed line with arrows at both ends indicates the measurement point: the circumference of the knee at its center.


THUASNE

FIND THE SIZE THAT SUITS YOU

Measurement: Circumference of the slightly bent knee, right at the center of the knee

Sizes	
S	32 - 34 cm
M	35 - 37 cm
L	38 - 41 cm
XL	42 - 45 cm
XXL	46 - 49 cm



- If you are between two sizes, choose the larger size.
- To be effective, the knee brace must fit snugly against the skin.
- The knee brace fits both knees.

Wrist



FIND **THE SIZE** THAT SUITS YOU

Measurement:
Wrist circumference

Sizes

S	14 - 15,5 cm
M	16 - 17,5 cm
L	18 - 20 cm



- If you are between two sizes, choose the larger size.
- To be effective, the brace must fit snugly against the skin.
- The brace fits both wrists.



Ankle

A photograph of a person's lower leg and foot wearing a grey and green athletic shoe. A red dashed line with arrows at both ends indicates the measurement point for the ankle circumference, taken above the ankle bone.



THUASNE

FIND **THE SIZE** THAT SUITS YOU

Measurement: Ankle circumference,
above the ankle bone

Sizes	
S	19 - 21 cm
M	21 - 23 cm
L	23 - 25 cm
XL	25 - 27 cm
XXL	27 - 30 cm

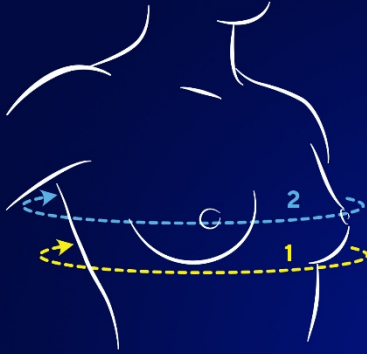


- If you are between two sizes, choose the larger size.
- To be effective, the ankle brace must fit snugly against the skin.
- The ankle brace fits both ankles.



Strap X-Back sports top

CHOOSE THE RIGHT SIZE OF THUASNE BRA



How to take my measurements?

Using a measuring tape, measure your full bust circumference (**just under the breasts**) and the bust circumference (**over the nipples**).

The tape must be held taut and should not sag on either side.

1 - UNDERBUST CIRCUMFERENCE (CM)
2 - BUST CIRCUMFERENCE (CM)

SIZE (1) (CM)		CUP (2) (CM)					
		A	B	C	D	E	F
32	72-76	80-82	83-85	86-88	89-91	92-94	95-97
34	77-81	85-87	88-90	91-93	94-96	97-99	100-102
36	82-86	90-92	93-95	96-98	99-101	102-104	105-107
38	87-91	95-97	98-100	101-103	104-106	107-109	110-112
40	92-96	100-102	103-105	106-108	109-111	112-114	115-117
42	97-101	105-107	108-110	111-113	114-116	117-119	120-122
44	102-106	110-112	113-115	116-118	119-121	122-124	125-127



Biceps



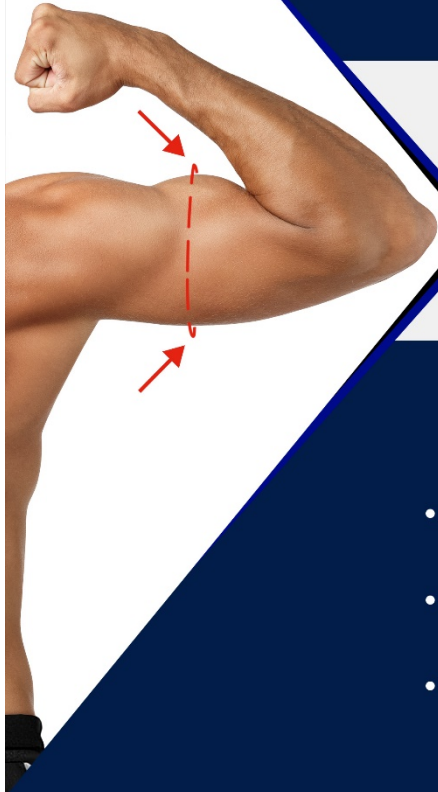
FIND THE SIZE THAT SUITS YOU

Measurement:
Biceps circumference

Sizes	
S	28 - 31 cm
M	32 - 35 cm
L	36 - 40 cm

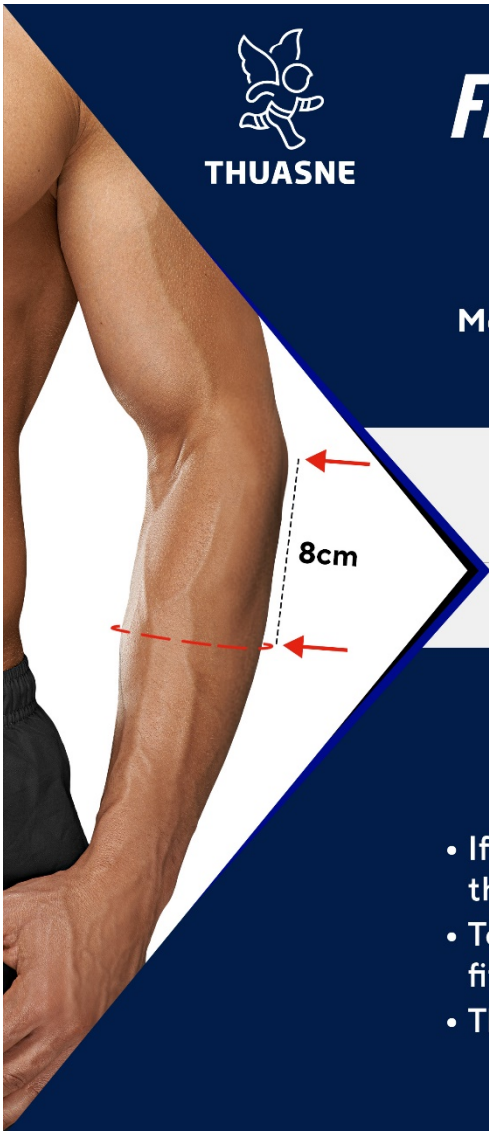


- If you are between two sizes, choose the larger size.
- To be effective, the shoulder support must fit snugly against the skin.
- The shoulder support fits both shoulders.





Forearm



THUASNE

FIND THE SIZE THAT SUITS YOU

Measurement: Forearm circumference,
8 cm below the elbow

Sizes	
1	22 - 30 cm
2	30 - 38 cm

!

- If you are between two sizes, choose the larger size.
- To be effective, the elbow brace must fit snugly against the skin.
- The elbow brace fits both arms.



Recovery socks

HOW TO CHOOSE THE RIGHT SIZE OF RECOVERY SOCKS



STEP 1

CHOOSE THE SIZE

	Measure the ankle circumference (above the ankle bone)			
	S	M	L	XL
	19 - 22 cm	22 - 25 cm	25 - 28 cm	28 - 31 cm

STEP 2

CHOOSE THE FOOT SIZE

	35 - 38	39 - 42	43 - 46
--	---------	---------	---------

STEP 3

CHOOSE THE LENGTH

	Choose the length according to your height	
	< 1,75 m : Normal	> 1,75 m : Long



Socks

HOW TO CHOOSE THE RIGHT SIZE: **MID SOCKS**



STEP 1

CHOOSE THE SIZE

	Measure the ankle circumference (above the ankle bone)			
	S	M	L	XL
	19 - 22 cm	22 - 25 cm	25 - 28 cm	28 - 31 cm

STEP 2

CHOOSE THE FOOT SIZE

	35 - 38	39 - 42	43 - 46
--	---------	---------	---------



Compression Sleeve

HOW TO CHOOSE THE RIGHT SIZE: CALF SLEEVES



STEP 1

CHOOSE THE SIZE

	Measure the ankle circumference (above the ankle bone)			
	S	M	L	XL
	19 - 22 cm	22 - 25 cm	25 - 28 cm	28 - 31 cm

STEP 2

CHOOSE THE LENGTH

	Choose the length according to your height	
	< 1,75 m : Normal	> 1,75 m : Long